

AP Psychology Unit X: Motivation, Emotion, and Stress

Unit Number:	XII	XII	XII	XII	XII	XII	XIII	XIII	XIII
Unit/Day	MES-1	MES-2	MES-3	MES-4	MES-5	MES-5	MES-6	MES-7	MES-8
Chapter(s)	Chapter 12	Chapter 12	Chapter 12	Chapter 12	Chapter 12	Chapter 12	Chapter 12	Chapters 13 and 14	Chapters 13 and 14
Myers: Textbook Reading Assignment	page 455-458	pages 459-467	pages 467-475	Pages 475-481	pages 483-490	pages 491-496	page 499-504	pages 505-509	pages 510-517
Text Pages	4	8	10	11	5	6	6	5	8
Lesson Focus	Introducing Motivation	Hunger	Sexual Motivation	Sexual Orientation	Motivation and Work	Motivating Achievement	Theories of Emotion	Physiology of Emotion	Expressed Emotion
Concepts Covered/IDEA Flashcards	motivation, instinct, drive-reduction theory, homeostasis, incentives, hierarchy of needs	glucose, set point, basal metabolic rate, anorexia nervosa, bulimia nervosa	sexual response cycle, refractory period, sexual disorder, estrogen	Sexual Orientation	flow, industrial-organizational psychology, personnel psychology, organizational psychology, structured interview	achievement motivation, task leadership, social leadership, theory X, theory Y	emotion, James-Lange Theory, Cannon-Bard Theory, Schacter Two-Factor Theory	polygraph, catharsis	Paul Eckman
Flashcards Assessment	6	5	4	1	5	5	4	2	1
<u>40 Studies Reading Assignment</u>			Masters (Reading 21)						<i>Eckman (Reading 22)</i>

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XIII	XIII	XIII	XIII	XIII	XIII
MES-9	MES-10	MES-11	MES-12	MES-13	
Chapters 13 and 14	Chapters 13 and 14	Chapters 13 and 14	Chapters 13 and 14	Chapters 13 and 14	MES-14 Chapters 13-14
pages 518-528	pages 531-539	page 539-545	page 546-554	pages 555-572	Chapters 12-14
11	9	7	9	16	
Experienced Emotion	Stress and Illness	Stress and Illness	Promoting Health	Modifying Illness-Related Behaviors	TEST
catharsis, feel-good, do-good phenomenon, subjective well-being, adaptation-level phenomenon, relative deprivation	behavioral medicine, health psychology, stress, general adaptation syndrome	coronary heart disease, type A, type B, psychophysiological illness, lymphocytes	aerobic exercise, biofeedback, complementary and alternative medicine		
5	4	5	4		
		<i>Holms (Reading 23)</i>			