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| Term | Definition | Real World Example |
| Psychological Disorder |  |  |
| Attention-Deficit/hyperactivity disorder |  |  |
| Medial Model |  |  |
| DSM-5 |  |  |
| Anxiety disorders |  |  |
| Generalized Anxiety Disorder |  |  |
| Panic Disorder |  |  |
| Phobia |  |  |
| Social Anxiety Disorder |  |  |
| Agoraphobia |  |  |
| Obsessive-compulsive Disorder |  |  |
| Post-traumatic stress disorder |  |  |
| Posttraumatic growth |  |  |
| Mood disorders |  |  |
| Major depressive disorder |  |  |
| Mania |  |  |
| Bipolar Disorder |  |  |
| Rumination |  |  |
| Schizophrenia |  |  |
| Psychosis |  |  |
| Delusions |  |  |
| Hallucinations |  |  |
| Somatic symptom disorder |  |  |
| Conversion disorder |  |  |
| Illness anxiety disorder |  |  |
| Dissociative disorders |  |  |
| Anorexia nervosa |  |  |
| Bulimia-nervosa |  |  |
| Bing-eating disorder |  |  |
| Personality disorders |  |  |
| Antisocial personality disorder |  |  |