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| Term | Definition | Real World Example |
| 1. Consciousness |  |  |
| 1. Hypnosis |  |  |
| 1. Posthypnotic suggestion |  |  |
| 1. Dissociation |  |  |
| 1. Circadian rhythm |  |  |
| 1. REM sleep |  |  |
| 1. Alpha waves |  |  |
| 1. Sleep |  |  |
| 1. Hallucinations |  |  |
| 1. Delta waves |  |  |
| 1. NREM sleep |  |  |
| 1. Suprachiasmatic nucleus |  |  |
| 1. Insomnia |  |  |
| 1. Narcolepsy |  |  |
| 1. Sleep apnea |  |  |
| 1. Night terrors |  |  |
| 1. Dream |  |  |
| 1. Manifest content |  |  |
| 1. Latent content |  |  |
| 1. REM rebound |  |  |
| 1. Substance use disorder |  |  |
| 1. Psychoactive drug |  |  |
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| 1. Tolerance |  |  |
| 1. Addiction |  |  |
| 1. Withdrawal |  |  |
| 1. Depression |  |  |
| 1. Alcohol use disorder |  |  |
| 1. Barbiturates |  |  |
| 1. Opiates |  |  |
| 1. Stimulants |  |  |
| 1. Amphetamines |  |  |
| 1. Nicotine |  |  |
| 1. Cocaine |  |  |
| 1. Methamphetamine |  |  |
| 1. Ecstasy (MDMA) |  |  |
| 1. Hallucinogens |  |  |
| 1. LSD |  |  |
| 1. Near-death experience |  |  |
| 1. THC |  |  |